



Freshman Class of 2024!!!

Ponderosa High School Counseling





This is Your Time!

- You are creating your high school blueprint
- You are setting yourself up for your future
- Who do you want to be?
- What do you need and how are you going to do it?



Counseling: Who Are We?

- ✉ Mrs. Hunter **A-E**
📧 khunter@eduhsd.k12.ca.us
- ✉ Mr. Spratling **F-Kr**
📧 jspratling@eduhsd.k12.ca.us
- ✉ Mrs. Woods **Ku-Roa**
📧 lwoods@eduhsd.k12.ca.us
- ✉ Mrs. Hanson **Rob-Z & EL**
📧 khanson@eduhsd.k12.ca.us
- 📧 Mrs. Escobar **College and Career Center**
- 📧 Ms. Smith **Counseling Secretary**
- 📧 Ms. Driscoll **Registrar**



Counseling: What Do We Do?

- We will help support your academics by...
 - Grades/Progress monitoring
 - Course Planning
 - Tutoring (CCC)
- We will support your College/Career Planning through...
 - Guidance Units - Step by Step every year (two times this year!)
 - Individual meetings
 - Resources (CCC)
- We can help you navigate high school by...
 - Helping you set goals
 - Helping you find resources to achieve those goals
 - Reminding you to keep going (even when you fail)
 - Celebrating with you!!!



Ways to Get Involved

- Activities and Clubs
 - Close to 40 clubs listed on our website!
 - Can't find one you like, start one!
 - Dances, games, classes, events...get plugged in!
- Athletics
 - Fall/Winter/Spring
 - Team and Individual
 - Visit website for information and/or to register
- Stay Informed
 - Website
 - School email
 - Aeries



UC/CSU

4-Year College

A-G
Requirements

*Must Earn C's or better
in the A-G required classes!*



Comparison – High School Graduation and CSU/UC Requirements

Subjects	High School Grad Requirements	UC/CSU Admission Requirements
<i>Social Studies</i>	3 years (30 credits)	2 years
<i>English</i>	3 years (30 credits)	4 years
<i>Mathematics</i>	2 years (20 credits)	3 years (<i>UC recommends 4</i>)
<i>Science</i>	2 years (20 credits)	2 years (<i>must be lab classes</i>) (<i>UC recommends 3 years</i>)
<i>Foreign Language</i>		2 years (<i>UC recommends 3 years</i>)
<i>Visual and Performing Art</i>		1 year
<i>Electives</i>	80 credits (can be in any area including those listed above)	1 year (<i>College Prep Elective</i>)
<i>Foreign Language OR Visual and Performing Art OR CTE</i>	1 year (10 credits)	
<i>Health Education</i>	1 semester (5 credits)	
<i>Technology Proficiency</i>	1 semester (5 credits)	
<i>Physical Education</i>	2 years (20 credits)	
	*220 Total Credits	*meet Graduation Req. *Must pass all classes with C or better *ACT or SAT Test

AP Courses

- AP English Language
- AP English Literature
- AP World History
- AP US History
- AP Government and Politics Comparative
- AP Government and Politics United States
- AP Microeconomics
- AP Macroeconomics
- AP Biology
- AP Physics 1
- AP Physics 2
- AP Environmental Science
- Honors Physiology and Anatomy
- AP Statistics
- AP Calculus AB
- AP Calculus BC
- AP Spanish
- AP French
- AP Music Theory
- AP Studio Art
- AP Computer Science Principles

ROP Courses

- Animal Health
- Cosmetology
- Health Careers
- Dental Careers
- Culinary Arts
- Database Design & SQL Programming
- Metal Fabrication/Welding
- Law Enforcement
- Fire Control Technician
- Automotive Engine
- Diesel Engine

Elective Courses

- Ag Science
- Ag Mechanics & Advanced Ag Mech
- Ag Business & Econ
- Ag Leadership
- AVID
- Child Development
- Creative Writing
- Culinary I & II
- Psychology & Sociology
- Exploring Computer Science
- Auto
- Advanced PE (Weights)
- Band
- Choir
- 3D Design
- Art 1 & 2
- Yearbook
- Fashion Design
- Drama
- Floral Design

You can build your 4-year plan . . .



	9th Grade	10th Grade	11th Grade	12th Grade
English ___ 4 Years Required UC/CSU "B" ___ 4 Years Required	ENGLISH 1	ENGLISH 2	ENGLISH 3	ENGLISH 4
History/Social Studies ___ 3 Years Required UC/CSU "A" ___ 3 Years Required		WORLD HISTORY	US HISTORY	GOVERNMENT AND ECONOMICS
Math ___ 3 Years Required (must include Algebra 1) UC/CSU "C" ___ 3 Years Required/4 Years Recommended (minimum through Algebra 2)				
Science ___ 2 Years Required 1 yr physical, 1 yr life UC/CSU "D" ___ 2 Years Required must be Biology and Chemistry or Physics				
Physical Education ___ 2 Years Required not required for UC/CSU	LIFE FITNESS 1	LIFE FITNESS 2		
Health/ICT or Exploring Comp Science* ___ 1 Year Required not required for UC/CSU *Health must be taken later if enrolled in ECS				
Foreign Language - UC/CSU ONLY UC/CSU "E" ___ 2 Years Required/3 Years Recommended (must be years in the same language)				
Visual/Performing Art - UC/CSU ONLY UC/CSU "F" ___ 1 Year Required (must be full year of same course)				
Electives ___ 1 Year Required (can be CTE, Fine Art or Language)				
TOTAL CREDITS				



English

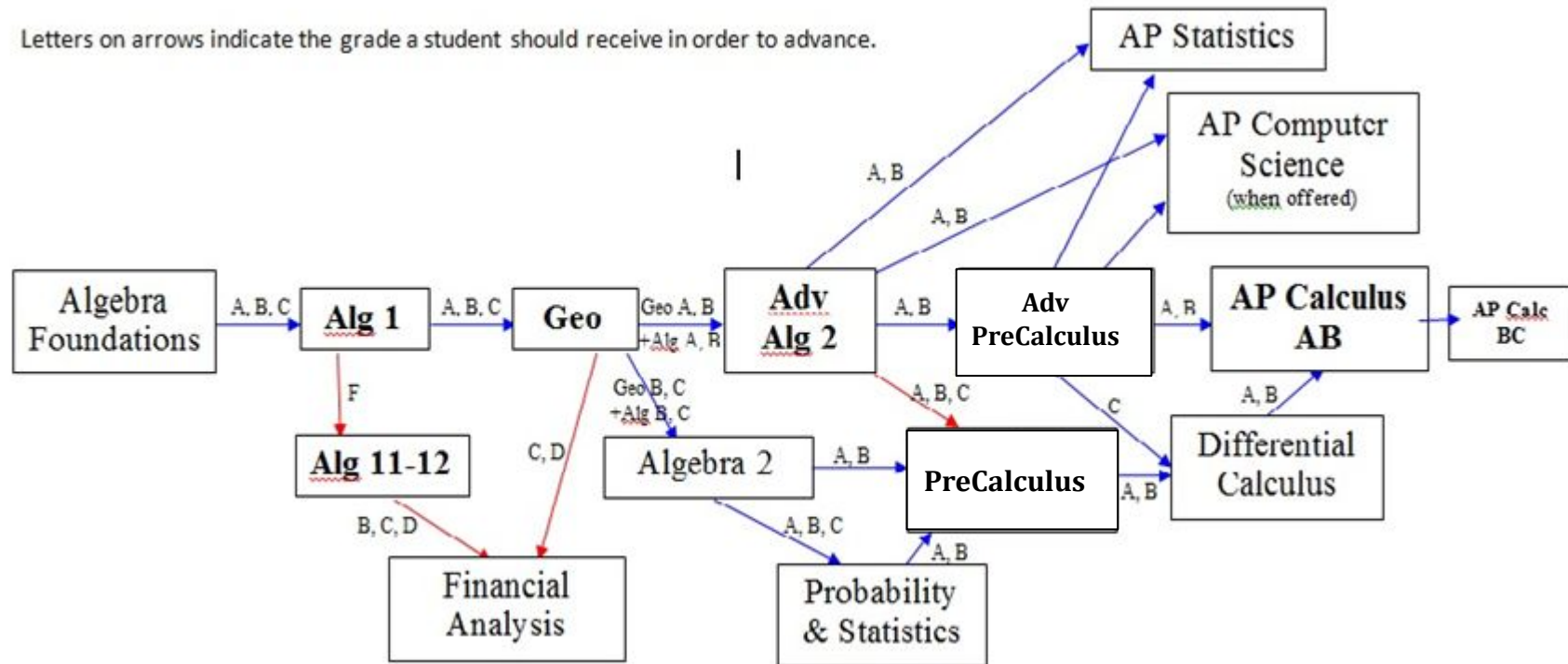
- English 1
- English 2
- English 3
- English 4

History/Social Science

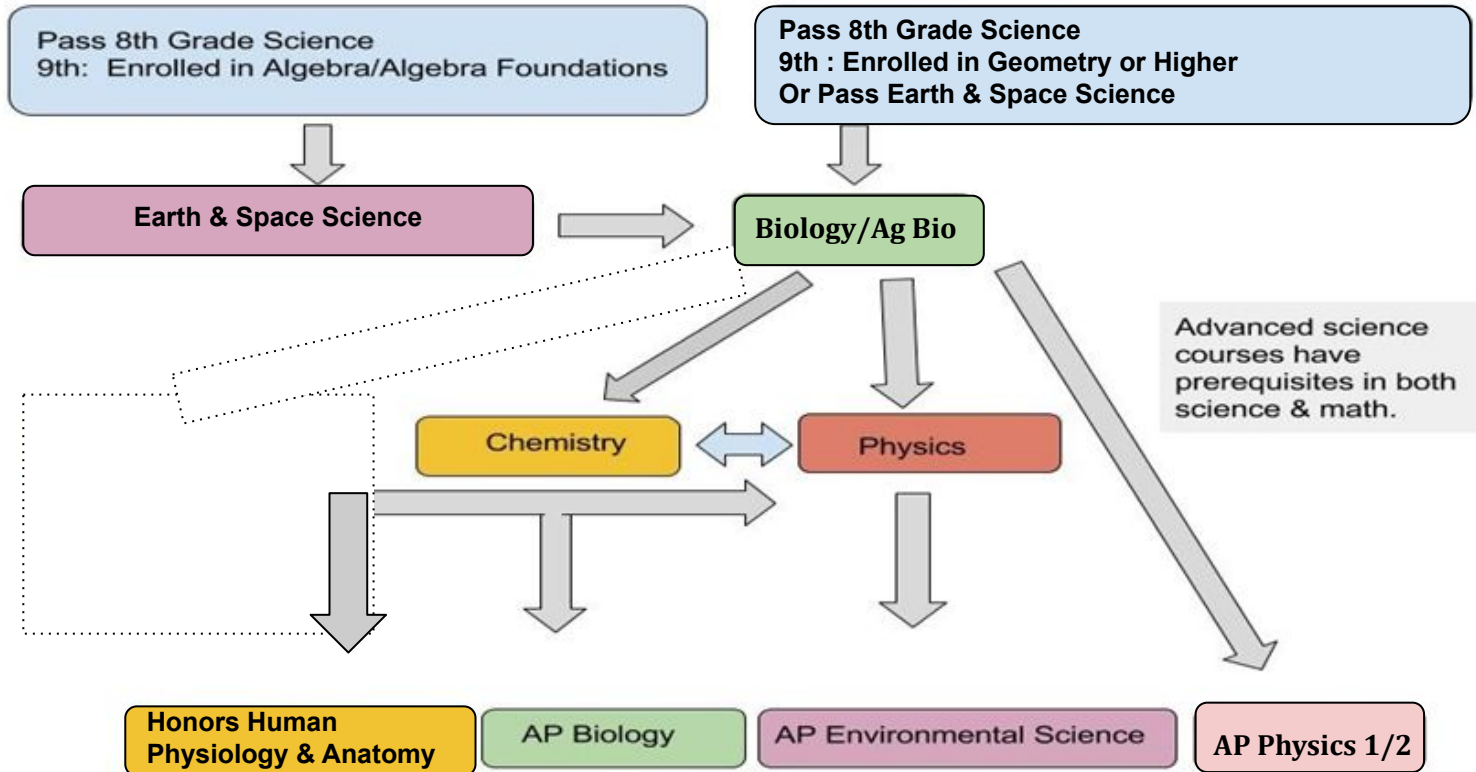
- No History in 9th grade
- World History
- US History
- Government and Economics

Math Flow Chart

Letters on arrows indicate the grade a student should receive in order to advance.



Science Flow Chart





Life Fitness

- Life Fitness 1
- Life Fitness 2
- Advanced PE as elective

Health and ICT or Exploring Computer Science

- Health and ICT

OR

- Exploring Computer Science
 - need to add semester of Health somewhere in plan



CSU/UC ONLY

Foreign Language

- 2 Years (2nd level) same language
- Recommended 3 years
- Spanish or French

Visual and Performing Art

- 1 year long course
- Art, 3D Design, Drama, Beginning Instruments, Band, Choir, Yearbook, Fashion, Floral Design



Electives

- Need to have 6 classes minimum per year
- Total of 220 credits to graduate
- All classes count as elective credit if you take additional years
- Can have 5 classes senior year IF you that would allow you to meet the 220 total credits



Complete Your 4 Year Plan!!!

Using the information in this slideshow and your goals and interests, you can create your individualized 4 Year Plan!

Use the following link to access the plan template:

<https://classroom.google.com/c/MzEzNTg2OTcxMzcw?cjc=3mpqlt4>

OR

Manually add the Google Classroom (with template) using the code:

[3mpqlt4](#)



Google Classroom - 4 Year Plan

- Class of 2024
- Class code : 3mpqlt4
- Assignment : MY PHS 4 Year Plan



Complete Your 4 Year Plan!!!

Once you are in the Class of 2024 4-Year Plan Google Classroom...

- click on Classwork
- click on MY PHS 4 Year Plan

*this is not selecting your classes or changing your course selection, it is a plan for you to help map out what you need to achieve your goals. If you would like to make a change to your course selection for next year, please email your counselor.